



Public Health
Prevent. Promote. Protect.

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Cottage Food Fact Sheet

What is a cottage food production operation?

- ▶ A cottage food production operation is defined in the Ohio Revised Code Chapter 3715 to mean a person who, in the person's own home, produces food items that are not time/temperature controlled for safety (TCS). The specific foods are LIMITED and listed below. All foods must be shelf-stable and not require refrigeration for safety.

Where can I make cottage foods?

- ▶ You may only make cottage foods from the primary residence occupied by the residence's owner. The home may only contain one stove or oven (which may be a double oven) designed for common residential use, not commercial use.

What kinds of cottage foods can I make? What can't I make?

- ▶ Approved cottage foods are LIMITED to the following items:

- | | | |
|---|-------------------------|----------------------------------|
| ✓ Jams | ✓ Coffee (dry) | ✓ Doughnuts (baked, unfilled) |
| ✓ Jellies | ✓ Pizzelles | ✓ Cereal/nut snack mixes (dry) |
| ✓ Candy | ✓ Herbs (dry) | ✓ Baking mixes in a jar (dry) |
| ✓ Fruit butters | ✓ Waffle cones | ✓ Granola and granola bars (dry) |
| ✓ Tea (dry) | ✓ Seasoning mixes (dry) | ✓ Popcorn (includes flavored) |
| ✓ Bakery foods (cookies, cakes, etc) that are <u>non-perishable</u> (non-TCS foods) | | |

- ⊘ Acidified foods, low-acid canned foods, and vacuum packaged foods are NOT permitted.

Where can I sell cottage food products?

- ▶ Cottage food products that are properly labeled may be sold:
 1. Directly to the end consumer from the site of preparation (home).
 2. Through licensed grocery stores.
 3. Through ODA-registered farm markets or farmers' markets.
 4. Through licensed restaurants.
 5. At a recognized festival.

Can I sell cottage foods on the internet?

- ▶ No, cottage foods may not be sold using internet sale methods.

Can I sell cottage foods across state lines (interstate)?

- ▶ No, cottage foods produced in Ohio may only be sold in Ohio from the 5 approved locations mentioned above.

What are the labeling requirements for cottage foods?

- ▶ All cottage foods are required to be labeled with the following five items:
 1. Name and address of the "business" (home).
 2. Common name of the food product.
 3. All ingredients of the food product in decreasing order of predominance by weight. Ingredients with more than one ingredient themselves, such as enriched wheat flour or chocolate chips, must have those ingredients in parentheses following the common name. Cottage food labels do not require that the 7 major food allergens (milk, egg, fish (including crustaceans), tree nuts, wheat, peanuts, & soybeans) be bolded like on other foods, but they do have to be listed, such as "wheat flour", not just "flour".
 4. Net weight or net volume of the food product.
 5. This statement in ten-point font: "This Product is Home Produced."
- ▶ Cottage foods that are not properly labeled are considered adulterated and will be embargoed by the Health District.

Do I have to label the cottage food with nutritional information?

- ▶ If a nutritional claim is made (examples, "sugar free," "diabetic," "low fat," or "salt free"), federal labeling requirements must be met. If no claim is made, you are not required to label the product with nutritional information.

Does a cottage food production operation need a license?

- ▶ No, a cottage food production operation is exempt from licensing by the Ohio Department of Agriculture and local health district. Note that all food products are subject to lab sampling & inspection by the Department of Agriculture or Health District to determine if a food is misbranded or adulterated.

What is a "Home Bakery?"

- ▶ A Home Bakery is different from a cottage food production operation. A Home Bakery is a home-based business that bakes or processes TCS foods or does not meet the definition of a cottage food production operation. Home Bakeries must register with the Ohio Department of Agriculture and are subject to regular inspections.

How can I contact the Ohio Department of Agriculture?

- ▶ If you have questions regarding "Home Bakeries" or other issues, you may contact the Ohio Department of Agriculture at 1-800-282-1955.

Other questions we have been asked:

- ▶ Question: Am I allowed to "can" jelly or jam using traditional heating canning methods?
Answer: Yes. Traditional canning methods are acceptable.
- ▶ Question: Can I sell prepackaged ice cream cookies from my home?
Answer: No, ice cream cookies are not a cottage food. They are also a TCS food.
- ▶ Question: Can I make a trail mix at home and sell it at the Fair?
Answer: Yes. This is an approved food and the fair is a recognized festival.
- ▶ Question: Can I bake pumpkin pies and sell them from my home?
Answer: No, pumpkin pies are a TCS food.
- ▶ Question: Can I make homemade noodles and sell them at a farmers' market?
Answer: Yes, but ONLY if the noodles do NOT contain eggs.

Please do not hesitate to contact the Sidney-Shelby County Health Department (937-498-7249), sschd@odh.ohio.gov or the Ohio Department of Agriculture with questions regarding Cottage Foods.